

DINNER MENU

Curly Kale & Baby Spinach Salad – dried currants, pecorino cheese, toasted pumpkin seeds, citrus dressing



Haggis, Neeps and Tatties



Chicken Supreme – roasted new potatoes, double-smoked bacon, crispy brussel sprouts, au jus



Honey Mascarpone Parfait – puff pastry, berries, black pepper caramel



Regular and Decaffeinated Coffee, Black, Green and Herbal Teas

ADDRESS TO A HAGGIS

Robert Burns

First printed in The Caledonian Mercury, 20th December 1786.

Fair fa' your honest, sonsie face,
Great Chieftain o' the Puddin-race!
Aboon them a' ye tak your place,
Painch, tripe, or thairm: Weel 
are ye wordy of a grace
As lang 's my arm.

The groaning trencher there ye fill,
Your hurdies like a distant hill, Your
pin wad help to mend a mill In time 
o' need,
While thro' your pores the dews distil Like
amber bead.

His knife see Rustic-labour dight,
An' cut ye up wi' ready slight,
Trenching your gushing entrails bright,
Like onie ditch;
And then, O what a glorious sight,
Warm-reekin, rich!

Then, horn for horn, they stretch an' strive:
Deil tak the hindmost, on they drive, Till
a' their weel-swallow'd kytes belyve 
Are bent
like drums;
Then auld Guidman, maist like to rive,
Bethankit hums.

Is there that owre his French ragout,
Or olio that wad staw a sow,
Or fricassee wad mak her spew Wi'
perfect sconner,
Looks down wi' sneering, scornfu' view On
sic a dinner?



Poor devil! see him owre his trash,
As feckless as a wither'd rash,
His spindle shank a guid whip-lash,
His nieve a nit;
Thro' bluidy flood or field to dash,
O how unfit!

But mark the Rustic, haggis-fed,
The trembling earth resounds his tread,
Clap in his walie nieve a blade,
He'll make it whistle;
An' legs, an' arms, an' heads will sned
Like taps o' thrissle.

Ye Pow'rs wha mak mankind your care,
And dish them out their bill o' fare,
Auld Scotland wants nae skinking ware,
That jaups in luggies;
But, if ye wish her gratefu' prayer,
Gie her a Haggis!



TRADITIONAL CEILIDH DANCING

accompanied by the
PIPES AND DRUMS OF THE
48TH HIGHLANDERS OF CANADA

1. The Grand March
2. The Gay Gordons
3. Long Live the Queen
4. Waltz Country Dance
5. Dashing White Sergeant
6. Blue Bonnets
7. The Eightsome Reel
8. Strip the Willow
9. The Flowers of Edinburgh
10. The Borrowdale Exchange
11. Scottish Reform
12. Reel of Tulloch
13. Johnnie's Jig
14. St. Bernard's Waltz
15. Strip the Willow
16. Petronella
17. The Dashing White Sergeant
18. Waltz Country Dance

Interval

Featuring a display of
highland dancing performed
by the McDonnell School of
Highland Dance.

Beating Retreat

1:00 am
Featuring a performance
by the Pipes and Drums
of the 48th Highlanders

In the following dances:

LH / RH = Left / Right Hand: LF / RF = Left / Right Foot: LS / RS = Left / Right Shoulder

THE GAY GORDONS — MARCH

Couples facing counter-clockwise, around the room, woman on man's right.
Allemande hold (i.e. join left hand in left in front [waist level], join right hand in right above woman's right shoulder]. Begin with outside foot.

- 1-4 March forward 4 steps, maintaining Allemande hold, pull RS back on the fourth step [Drop RHs in front, raise LHs above woman's left shoulder].
 March backwards for 4 steps in the line of dance.
- 5-8 March forward 4 steps, maintaining Allemande hold pull LS back on the fourth step [Drop LHs in front, raise RHs above woman's right shoulder].
 March backwards for 4 steps against the line of dance.
- 9-12 Drop LHs and face partner. As men walk forward in the line of dance, woman turns under his raised right arm.
- 13-16 In ballroom hold, polka round and open out ready to begin again.

Polka step: Man steps and hops on LF, then steps and hops on RF [Woman RF then LF]

LONG LIVE THE QUEEN — REEL

Danced in a four couple set.

- 1-8 The 4 men join hands and the 4 ladies join hands. They all advance [2] towards partner and retire [2], then giving right hands, they turn partners [4] and return to place, 8 skip change of steps.
- 9-16 All repeat bars 1 to 8
- 17-24 4th couple leading, all dance down the middle, turn inwards and with 1st couple leading dance up again. 1st and 2nd couples remain in the middle facing each other. Bottom two couples return to original places
- 25-32 1st and 2nd couples advance [2] towards each other and retire [2], then change places with 4 skip change of step, 1st couple dance under the arch made by the 2nd couple. 2s finish in top place. 1s finish in 2nd place
The dance is repeated with 1st couple in 2nd place. A new top couple begins on the 3rd repetition

Note: When 1st couple repeats the dance from 2nd place, top and bottom couples return to place on bar 24. 1st & 3rd couples [middle couples] dance bars 25-32. 1st couple dance to the bottom of set as 4th couple step up on last two bars.

The new top couple repeats the dance.

WALTZ COUNTRY DANCE

Danced in fours around the room. Couple facing couple, man with woman on his right.

- 1-2 All set to the dancers facing them, moving forward and back.
- 3-4 All change places with the dancers to whom they have set, passing by the right, ladies doing a "polite" turn.
- 5-8 Repeat as above, setting 1st to partner.
- 9-16 Repeat, back to original places.
- 17-18 All take hands and balance forward and back.
- 19-20 Men, dancing on the spot, turn lady on their left, to place on their right.
- 21-32 Repeat bars 17-20 three times.
- 33-40 Couples waltz to meet next couple, moving in the direction they originally faced

THE DASHING WHITE SERGEANT

Dance round the room one line of three, facing another line of three.

- 1-8 6 hands round to the left and back again.
- 9-16 Person in the centre of line, sets to and turns the person on their right, then sets to and turns the person on their left.
- 17-24 Reels of three, the person in the centre giving left shoulder to the person on the right to begin.
- 25-32 With hands joined in lines of three, all advance [2] and retire [2].

BLUE BONNETS — JIG

Danced in a four couple set.

1-4 1st lady and 2nd man advance and retire.

5-8 1st lady and 2nd man dance back to back passing right shoulders.

9-16 2nd lady and 1st man

Repeat bars 1-8.

17-24 1st couple lead down the middle and up again. 2s step in.

25-32 1st and 2nd couples dance Poussette.

Repeat from 2nd & 3rd places.

A new top couple starts every 3rd repetition.

THE EIGHTSOME REEL

Danced by four couples in a square, women on man's right.

Part A

- 1-8 Join hands and dance 8 slip steps round to the left, then back to original places.
9-16 Women, retain hold of partners RH, dance RH across $\frac{1}{2}$ way around to the left
Men change places with partner and dance LH across back to place
17-24 All set to partners twice and turn them. Finish facing partner.
25-40 Grand Chain, to finish in original places.

Part B

- 1-8 1st woman dances in the centre, while others dance 8 slip steps round to the left and back to place.
9-16 1st woman sets to partner and turns him, then sets to opposite man and turns him.
17-24 1st woman dances a reel of three across the set with 1st & 3rd men, left shoulder to partner to begin. 1st woman finishes in the centre facing 4th man
[one place CCW]
25-32 All repeat bars 1-8. 1st woman finishes facing 4th man.
33-48 1st woman, 4th and 2nd men repeat bars 9-24. 1st woman finishes in place as 2nd woman dances into the centre. The three remaining women and four men, in turn, repeat Part B.

All repeat PART A bars 1-40

STRIP THE WILLOW — JIG

Danced in a four couple set.

- 1-8 1st couple turn each other 1½ times, with running steps to face 2nd couple.
- 9-24 1st lady turns 2nd man with left hand, and partner in the middle with right hand. 1st lady repeats until she's turned all the men, and at the last turning of her partner, they finish with 1st man facing the last lady in the set.
- 25-40 1st man turns each lady, in turn, with left hand and partner with right. At the top of the dance, he turns his partner with the right hand to finish with 1st lady facing 2nd man and 1st man facing 2nd lady.
- 41-52 1st couple turn the man and lady they are facing left hand, meet in the centre and turn each other right hand. They continue to the bottom of the set.
- 53-56 1st couple turn each other 1½ times to own sides. The 2nd couple begin to turn as the 1st couple are completing their last turn.

THE FLOWERS OF EDINBURGH — REEL

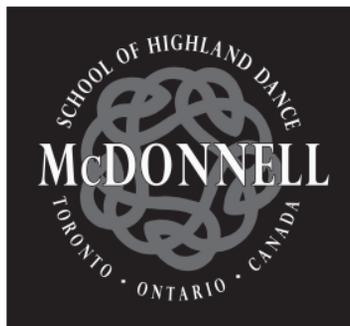
Danced in a four couple set.

- 1-8 1st lady casts off behind 2nd and 3rd ladies, crosses over below 3rd couple, dances up behind 2nd and 3rd men to finish in partner's place.
At the same time, 1st man follows his partner, but dances up the middle to finish in 1st lady's place. 1st couple set to one another on bars 7 & 8.
- 9-16 1st man casts off behind 2nd and 3rd ladies, crosses over below 3rd couple, dances up behind 2nd and 3rd men to finish in his own place.
At the same time, 1st lady follows her partner but dances up the middle to finish in her own place. 1st couple set to one another on bars 15 & 16.
- 17-24 1st couple lead down the middle and up. 2s step in.
- 25-32 1st and 2nd couples dance Poussette. 1st couple repeats the dance from 2nd place then steps to bottom as 4th couple steps up.

A new top couple begins every 3rd repetition.

INTERVAL

Performance provided by the
McDonnell School of Highland Dance



THE BORROWDALE EXCHANGE — REEL

Round the Room Dance.

Circles of three couples arranged randomly around the room

Men with their partners, always on their Right.

- 1-8 All circle 6 hands Round and Back.
- 9-16 With hands joined in a circle, All Advance (2) & Retire (2).
All dance Back to Back with Partner (4).
- 17-24 Men join RH with Woman directly opposite. All dance RH Across (4). Woman with hand at bottom of "hub" dances under, and Promenades off with new partner (2).
Next Woman repeats movement and Promenades off with her new partner (2).
- 25-32 All continue to Promenade with new partner around the room to meet with 2 new couples—ready to repeat the dance.

SCOTTISH REFORM

Danced in a four couple set.

- 1-4 1st couple $\frac{1}{2}$ turn with right hand to finish between 2nd couple. Join hands, men facing down and ladies facing up, and set in a line.
- 5-8 1st man $\frac{1}{2}$ turn 2nd lady, 1st lady $\frac{1}{2}$ turn 2nd man, bringing 2nd couple into the middle. All set in line.
- 9-12 1st couple $\frac{1}{2}$ turn into the middle again and all set in line.
- 13-16 1st couple slow right hand turn back to place.
- 17-24 1st couple dance down the middle and up again. 2's step in.
- 25-32 1st and 2nd couples dance Poussette.
Repeat with next two couples.

A new couple starts every 3rd repetition.

REEL OF TULLOCH

Partners stand side by side, facing another couple. Man with woman on his right.

1-8 Ladies enter the centre and set.

9-16 Ladies link right arms in Tulloch hold and swing for 8 pivot steps, link left arms and swing again to finish opposite man.

17-32 All set and swing as above, to finish men in the middle facing each other.

Repeat until partners meet and finish side by side in original places.

JOHNNIE'S JIG

A 32-bar jig, round the room, with 2 facing 2, 1st couple facing clockwise, men with partners on their R.

- 1-8 All dance RH across & LH back to place
- 9-16 1st couple (dancers facing clockwise) cross between 2nd couple to dance a figure of 8 round 2nd couple.
- 17-24 2nd couple cross between 1st couple to dance a figure of 8 round 1st couple.
- 25-32 1st & 2nd couples advance for two, retire for two, turn opposite dancer one and a half times RH to change places and continue facing the same direction.

Repeat from new positions

(Devised by Sheila Gradon)

THE ST. BERNARD'S WALTZ

Couples in ballroom hold in a large circle around the room, men with their back to the centre.

- 1-4 In ballroom hold, take three steps sideways towards the lady's right, man's left, then stamp both feet.
- 5-6 Take two steps sideways in the opposite direction.
- 7-8 Take two steps towards the centre of the room (lady beginning with right foot, man with left foot).
- 9-10 Take two steps back out (same feet).
- 11-12 Man drops right hand and lady turns under his raised left arm.
- 13-16 Waltz onwards round the room.

STRIP THE WILLOW — JIG

Danced in a four couple set.

- 1-8 1st couple turn each other 1½ times, with running steps to face 2nd couple.
- 9-24 1st lady turns 2nd man with left hand, and partner in the middle with right hand. 1st lady repeats until she's turned all the men, and at the last turning of her partner, they finish with 1st man facing the last lady in the set.
- 25-40 1st man turns each lady, in turn, with left hand and partner with right.
At the top of the dance, he turns his partner with the right hand to finish with 1st lady facing 2nd man and 1st man facing 2nd lady.
- 41-52 1st couple turn the man and lady they are facing left hand, meet in the centre and turn each other right hand. They continue to the bottom of the set.
- 53-56 1st couple turn each other 1½ times to own sides. The 2nd couple begin to turn as the 1st couple are completing their last turn.

PETRONELLA — REEL

Danced in a four couple set.

- 1-16 1st couple dance in a diamond formation, each moving to their right and turning right about with 2 pas-de-basque steps to each point, where they face each other and set. Continue round to original places.
- 17-24 1st couple dance down the middle and up again.
- 25-32 1st and 2nd couples dance Poussette. Repeat with the next two couples.

A new top couple begins with every 3rd repetition.

THE DASHING WHITE SERGEANT

Dance round the room one line of three, facing another line of three.

1-8 6 hands round to the left and back again.

9-16 Person in the centre of line, sets to and turns the person on their right, then sets to and turns the person on their left.

17-24 Reels of three, the person in the centre giving left shoulder to the person on the right to begin.

25-32 With hands joined in lines of three, all advance [2] and retire [2].

Each line of three then advances through the opposite line of three, passing the opposite person by the right shoulder, to meet the next line of dancers.

WALTZ COUNTRY DANCE

Danced in fours around the room. Couple facing couple, man with woman on his right.

- 1-2 All set to the dancers facing them, moving forward and back.
- 3-4 All change places with the dancers to whom they have set, passing by the right, ladies doing a "polite" turn.
- 5-8 Repeat as above, setting 1st to partner.
- 9-16 Repeat, back to original places.
- 17-18 All take hands and balance forward and back.
- 19-20 Men, dancing on the spot, turn lady on their left, to place on their right.
- 21-32 Repeat bars 17-20 three times.
- 33-40 Couples waltz to meet next couple, moving in the direction they originally faced



DILEAS GU BRATH
"Faithful Forever"

Raised in 1891, the 48th Highlanders of Canada is Toronto's only Highland Regiment. Soldiers of the Regiment have served Canada with distinction during domestic operations and during expeditionary operations around the globe. The Regiment has earned 50 Battle Honours for outstanding service to Canada.

Since the founding of the Regiment, of which the St. Andrew's Society of Toronto played a key part, the histories of both the 48th Highlanders of Canada and the St. Andrew's Society of Toronto have been interwoven, and are characterized by more than 125 years of mutual support.

Since its inception, the Regiment has remained true to its motto, "Dileas Gu Brath"—Faithful Forever!

For more information on the Regiment, please visit our website www.48Highlanders.com or call us (416) 635-4440 ext 4925



UPCOMING EVENTS

- | | |
|---|---|
| Robert Burns Dinner | Friday, January 24, 2020;
6:30-11:00pm
University Club |
| Burns Statue Celebration | Friday, January 25, 2020; 11:30am
Allan Gardens
19 Horticultural Ave. |
| Annual General Meeting | Thursday, February 13, 2020; 7:00pm
Moss Park Armoury
130 Queen St. East, Toronto |
| Curling Bonspiel
learn, play, lunch, socialize! | Saturday, February 29, 2020
High Park Curling Club |
| Kilt Skate | Date and Venue TBD |
| Tartan Day Celebration | Saturday, April 6, 2020; Venue TBD |

For more information on these events, please go to:
www.standrews-society.ca